

Prompting Pro Starter Kit

Build AI Confidence for a Changing World.

ThinkNextAI

Welcome

You chose to grow. That is powerful.
Use this toolkit to build clarity, capability, and
AI■confidence.

What excites you most about learning AI?

What do you hope to improve or achieve using AI?

Why AI Matters Now

AI is reshaping careers, business, and opportunity.
Learning now protects your future and expands
your earning potential.

Where do you see AI helping you in your life/work?

What fears or hesitations do you want to overcome?

Future Identity

I am adaptable.

I am capable.

I rise with technology, not behind it.

Who is your future self with AI confidence?

Write a future self affirmation you believe in:

Prompt Formula

Task + Context + Style + Format

Example:

Plan meals for a busy professional, healthy, under 15min, list + groceries.

Write your first prompt idea:

Ask AI to improve your prompt below after writing.

Future■Focused Prompts

Practice prompts to grow your skills & income.

Write one idea AI helped you generate:

Turn that idea into next steps:

7■Day Action Challenge

Daily micro■habits build mastery.

What habit will you keep after this challenge?

Plan your next 7 days of AI use:

Refinement Prompts

Ask AI to help you think better, faster, smarter.

Paste a prompt here, then refine it:

Write your improved version:

RealLife Uses

Use AI in planning, business, wellness, finances, habits, and life.

List 3 ways you will use AI this week:

Which area will you start applying first?

CONGRATULATIONS ■

You completed the Prompting Pro Starter Kit.
You are future■ready and rising.

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